



## BALINESE MASSAGE

60 MINUTES 450' / 90 MINUTES 600'

The balinese massage is a relaxing traditional massage done using stretching, acupressure and swedish massage techniques. The aim of this therapy is to release tension and improve blood circulation.



## REFLEXOLOGY

60 MINUTES 450'

Begin with a foot bath ritual followed by acupressure on areas of the feet to reflect on areas of the body. This soothing ritual will reduce the blocked areas throughout the body.



## SHIATSU

60 MINUTES 500'

A traditional japanese technique used to balance and detoxify the body. During the massage, muscle toxicity is pushed out into the blood stream.



## AROMATHERAPY MASSAGE

60 MINUTES 600' / 90 MINUTES 750'

Combination of long stroke lomi - lomi and Balinese massage with choice of aromatherapy oil:

- Relaxation : blend of clary sage, lavender and geranium
- Revitalizing : blend of lemon, basil and peppermint
- Detoxification : blend of ginger, tangerine and lime
- Sensuous : blend of rose geranium, ylang - ylang and sandalwood



## AFTER SUN SOOTHING RITUAL WITH ALOE VERA

60 MINUTES 500'

- After-sun Soothing Gel • Foot Treatment while waiting for the Aloe Vera dry
- Cooling Shower with After-sun Shower Gel • After-sun Soothing Body Mist

All prices are in thousands of rupiah and are subject to 11% government tax 10% service charge