

# breakfast

Please choose one (starter, main course, a choice of juice and coffee/tea). Your breakfast is served from 7:00 - 11:00 at GONG Restaurant

#### to start

SLICED FRUITS

assortment of seasonal fresh tropical fruits with honey and yoghurt

FRUIT SALAD

seasonal diced tropical fruit with fresh passion fruit and lime

**GREEN SALAD** 

baby lettuce, avocado, cherry tomato, curry dressing or Thousand Island dressing

PASTRY BASKET

plain croissant, chocolate croissant, Danish-pastry, white and brown toast with homemade preserves, jams and butter

**GRANOLA** 

natural granola with honey, cashew nut, fresh tropical fruits and natural yoghurt

MISO SOUP

soft tofu, wakame seaweed

**BIRCHER MUESLI** 

grated apple, yoghurt and poached snake fruit

HOT & SOUR PORK SOUP

shitake mushroom, tofu, leek and minced pork

TAHU IS

deep fried tofu filled with vegetable, soy chili sauce

**GADO GADO** 

boiled mix vegetable, tempeh, tofu, egg and peanut sauce

YOGHURT

plain natural Greek style yoghurt, strawberry or pineapple yoghurt

COCO CRUNCH or CORN FLAKES

HEALTHY GREENIE

blended avocado spinach, topped with kiwi, dry coconut, nut & seed

LUCKY DRAGON FRUITS

blended dragon fruits, banana and pineapple topped with strawberry mango, pumpkin seed and dry coconut

TROPICAL MANGO

blended mango, banana, and papaya, topped with pumpkin seed, granola and mango

### eggs & mains

**EGG ROYALE** 

toasted english muffin with smoked salmon, poached egg. hollandaise sauce

**AVOCADO & CHEESE OMELET** 

parmesan cheese, ripe avocado, mixed salad

THE BENEDICT

soft poached egg, bacon, spinach, hollandaise sauce

TWO EGGS ANY STYLE

served with roasted tomatoes, mushroom, bacon, chicken sausage, spinach and baby potatoes

**AVOCADO BRUSCHETTA** 

smashed avocado, basil, onion, garlic, topped with sun-dried tomato and feta cheese with sourdough bread

EGG WHITE OMELETTE

with sautéed baby spinach and mushroom

THE CROISSANT

filled with scrambled egg, cheese, bacon and baby salad

**BACON & EGG BURGER** 

with avocado mayo, sliced tomato, wild rocket

MIE GORENG or BIHUN GORENG

with crackers and Balinese pickles

TERIYAKI CHICKEN

deep-fried breaded marinated chicken, vegetables,

steamed rice with teriyaki sauce

#### hot drinks

COFFEE

regular, cappuccino, caffe latte, espresso, French pressed Bali coffee and Toraja coffee

TEA

english breakfast, earl grey, green tea, chamomile, ginger, peppermint, lemongrass

juice

orange, pineapple, guava, mango, apple, watermelon

**NASI GORENG** 

Indonesian fried rice, crackers and Balinese pickles

INDONESIAN OMELETTE

tofu onion with vermicelli salad and peanut sauce

CONGEE

Chinese rice porridge, leek, peanut, shredded chicken and boiled egg

SAUTÉED PORK WITH KOREAN CHILI SAUCE

served with vegetables and steamed rice

JAPANESE BENTO BOX

grilled fish fillet, pickles, steamed rice

STEAMED MAHI MAHI

fillet with sautéed baby spinach, shiitake mushrooms,

ginger chili Yuzu sauce and steamed rice

BANANA PANCAKE

with whipped cream and maple syrup

CINNAMON FRENCH TOAST

with pineapple marmalade and whipped cream

RICE BOWL

AYAM MERICA HITAM

chicken, vegetable, spicy black pepper sauce

IKAN SAMBAL MATAH

fish fillet, rice, vegetable, spicy shallot and lime sambal

## morning boosters!

WAKE-UP

guava, pineapple and watermelon

LIFTER

passion fruit, pineapple, mango and mint leaves

MINTY RED

dragon fruit, mango and mint

BALANCER

strawberry, banana, pineapple and yoghurt

GET-UF

strawberry, pineapple and orange juice

BOOSTER

carrot, ginger, apple and orange juice