



100% all dishes free of MSG

BREAKFAST

- suitable for vegetarian / vegan diet or such option is available

Enjoy your breakfast at the Bali Tower Bistro from 7:30 - 10:30 am. All breakfast items are served with tea or coffee and freshly made juice

BAKERIES

- GLUTEN-FREE TOAST - served with butter and homemade preserves

HEALTHY CORNER

- YOGURT - set plain natural yogurt or strawberry yogurt
- GLUTEN FREE MUESLI - rice flakes toasted in golden syrup, bran, puffed rice, linseeds, sunflower seeds, pepitas and dried pears
- SLICED TROPICAL FRUITS - seasonal platter of tropical fruits with lime cheek
- TROPICAL FRUIT SALAD - seasonal fruits marinated in orange and mint syrup
- ORGANIC VEGETABLE SALAD - cherry tomatoes, cucumber, shallots, avocado, baby spinach, edamame with orange, lime & coriander dressing (seasonal)
- BUBUR AYAM - Indonesian rice porridge, chicken, egg, leek, celery and chili soya

EGGS AND MAINS

- SCRAMBLED EGGS tomato, feta on gluten-free toast, baked beans, sauteed mushrooms
THE "FRY UP" two eggs your style, pork bacon, chicken sausage, sautéed mushrooms, baked tomato, baked beans (or a selection of any of these items)
- EGGS FLORENTINE gluten-free toast with mushroom duxelle, wilted spinach, poached hen's eggs and hollandaise sauce
- EGGS BENEDICT gluten-free toast topped with pork ham, poached hen's eggs and hollandaise sauce
- BIHUN GORENG - Indonesian fried rice vermicelli with vegetables, chicken and egg, served with acar
- NASI GORENG - Indonesian fried rice with vegetables, chicken and egg, served with acar

SWEET TASTES

PINEAPPLE or BANANA GLUTTEN-FREE PANCAKE - with palm sugar syrup

BEVERAGES

HOT DRINKS: Bali Coffee, Cappuccino, Espresso, Café Latte, Tea

JUICE: Watermelon, Pineapple, Orange, Juice of the Day
